

The Warrior Times

Bishop Michael Eldon School's Newsletter

"Getting the word out about the school of choice in the north."

Volume 2, Issue 2

October, 2017

It's Official: Mr. Hollingsworth is Inducted as BMES' New Principal



During a special mass, Mr. Curt Hollingsworth was officially inducted as the new principal of Bishop Michael Eldon School. Mr. H. as he is affectionately called, is no stranger to BMES. Having taught at the school for fifteen years before accepting the position of Vice Principal of Saint Anne's School, Mr. H. knows what it means to be a warrior. He has simply returned home.

Sharing in this momentous occasion with him, was the entire teaching and student body of BMES along with several family members and friends, and visiting principals from the other Anglican schools.

After the ceremony, Mr. Hollingsworth vowed to provide Bishop Michael Eldon with the best leadership possible and to steer BMES towards not only being the best school in the north, but the best school in the Commonwealth of the Bahamas.

"Learning Today, Leading Tomorrow"



For Life

Inside Issue:

Student of the Month	Page 2
Walkathon	Page 2
Message from Guidance	Page 3
Message from Nurse	Page 3
Top Academic Finishers	Page 4
Teacher Codes	Page 5
November Calendar of Events	Page 5
New Staff Member	Page 5
Sports Page	Page 6
Minister Visits Grade 6	Page 7
Eco School Committee	Page 7
Grade 10 Initiative	Page 7
Basketball MVP	Page 7
Mousetrap and Robotics Workshops	Page 8
Spelling Bee	Page 8
October Celebrants	Page 8

"Warriors Paving the Way"

Warrior of the Month



Jhade Henfield, a current twelfth grader at Bishop Michael Eldon, is the highlight for October. Jhade was recently interviewed by ZNS because of her outstanding community involvement and because of her leadership role as President of the Anchor Club, Lucaya Branch. Jhade became a member of the Anchor Club, a service based organization, from the seventh grade and has worked tirelessly to give back to community.

According to Mrs. Angela Burrows, President of the Lucaya Branch of the Pilot Club, parent organization of the Anchor Club, Jhade is one in a million. She says that she has never seen someone so young who is as dedicated and as motivated as Jhade to help those who are less fortunate. Mrs. Burrows stressed that rain, sleet, hail, or snow never prevented Jhade from making her presence known at whatever function or fundraising event that was held. She went on to say that many times, Jhade was the only representative of the organization. Among many other initiatives, Jhade has started toy drives for underprivileged kids, clothing and food drives for hurricane victims, she has worked with the disabled in the community, and has buddied up with students from the Beacon School.

During the summer, the International Pilot Convention was held in Las Vegas where Jhade represented the Bahamas. To everyone's delight, Jhade's Anchor Club was selected as the Most Outstanding Anchor Club of the Year in the entire world. Hats off to Jhade and the other young members in the club for your tireless and unselfish work for people other than yourselves. After high school, this awesome young lady intends to attend University in Canada where she has aspirations of obtaining a business degree. Jhade is the daughter of proud parents Meredith and Charles Henfield. Jhade you make us all proud.

Help others and give something back. I guarantee you will discover that while public service improves the lives and the world around you, its greatest reward is the enrichment and new meaning it will bring your own life.

Arnold Schwarzenegger

Annual Walkathon Set For November 10th



Bishop Michael Eldon is scheduled to have its annual walkathon within two weeks. Every year, the school puts on the event to not only raise funds, but to fellowship while burning off a few extra calories. Moneys raised will go partly towards continued efforts to provide the school with a much needed face-lift and for travel to Nassau for the Anglican Schools Festival. Grades 6-12 will walk from the school grounds to Taino Beach and the much younger students will be bused closer to the beach. There will be lots of fun activities planned such as kite flying, a water rocket contest, a dance contest, soccer, and so much more. Food will be in abundance. Parents are invited to join in on the festivities. Pick up time at the beach is 2:30 pm.



Balancing Extra-Curricular and School Work

Extracurricular clubs and activities are very important for students, as they not only look good on college applications, but also foster relationships and provide students with coaches and leaders who can become positive adult role models.

Many studies have shown that students who are involved in extra-curricular clubs and activities are more likely to get better scholarships at the end of high school.

Participating in extracurricular activities can also boost self-esteem and build solid character traits and leadership skills.

The key to helping students balance school and extracurricular activities is setting clear expectations from the beginning. Make it clear to them that school is their job, and it always comes first. If activities or even an after school job begin to interfere with school, parents should reassess the situation. Students should limit their involvement to one to two extra-curricular responsibilities a day, and allow at least a couple of days off a week to avoid schoolwork interference.

It is also important for parents to be aware of signs that their child may be too overloaded with schoolwork and extracurriculars. Tiredness is the biggest indicator—if your child seems tired all the time, or too worn out to do their homework at the end of the day, it's a sign they have too much on their plate. Other signs include grades slipping, not being able to find time to spend with friends and changes in personality, such as grouchiness or becoming more worrisome.

If parents notice these changes in their child, it is time to intervene and model good decision making skills for them.

Having a positive mental attitude is asking how something can be done rather than saying it can't be done.

Bo Bennett



School Nurse



Dealing With the Stomach Flu

It's that time again.....Flu Season. Viral gastroenteritis, often called the stomach flu, is contagious and is spread by contact with the stool or vomit of an infected person. People who do not wash their hands after using the restroom, diapering children, or helping others to use the restroom can easily spread the virus to others.

Symptoms most commonly include nausea, vomiting, and diarrhea. Other symptoms include low grade fever, headache, chills, and body aches. Symptoms usually appear 12-48 hours after exposure and go away in 1-3 days. Proper hydration is important if one experiences several episodes of vomiting or diarrhea.

WHAT CAN YOU DO TO PREVENT THE STOMACH FLU?

-Frequent hand washing especially after using the restroom, eating, or preparing food.
- Thoroughly clean and disinfect contaminated surfaces immediately after an episode of illness.
-Immediately remove and wash linens and clothing contaminated with the virus (vomit or stool). Use hot water and soap.
-People that are infected with flu virus should not prepare food while they have symptoms and for 3 days after they recover. .

Students Shine at Awards Day 2017

The following students were the top achievers for 2016-2017. They finished top three in their respective grades.

Grade Seven

....Gianna Malabanan, Clinique Robinson, Reanna Knowles....

Grade Eight

.... Rashad Rolle, Pedro Young Jr., Alethea Barrow....

Grade Nine

.... Ebony Kelly, William Moss, Chavette Harvey....

Grade Ten

.... Lavonne Mack, Srujana Yellapragada, Serenity Dieufaite....

Grade Eleven

.... Razhena Arthur, Tyler Adderley, Pateva Curtis

Academic Excellence



Gianna Malabannan (Top Junior Achiever)



Razhena Arthur (Top Senior Achiever)

Success isn't always about greatness. It's about consistency. Consistent hard work leads to success. Greatness will come.

Dwayne Johnson

Thanksgiving Spot the Difference!

Can you find 10 differences between the two pictures?



$$1 + \text{cat} \times \text{cat} = 17$$

$$\text{cat} \times \text{mouse} \times \text{mouse} = 36$$

$$\text{cat} \times \text{mouse} \times \text{cheese} = 72$$

$$\text{cat} - \text{mouse} + \text{cheese} = ?$$

Bishop Michael Eldon School Staff Listing 2017-2018

- 1.Mr. Curt Hollingsworth HOCU
- 2.Mrs. Monique Dieufaite DIMO
- 3.Mrs. Sophia Howden HOSO

Business Studies

Mr. Ivan Johnson JOIV
 Ms. Karen Dyall DYKA
 Ms. Meisha Mortimer MOME
 Mr. Hubert Russell RUHU
 Mrs. Jelissa Eugene EUJE

Practical Fine Arts

Mr. Rene Dela Pena PERE
 Mrs. Angela Johnson JOAN
 Ms. Meghan Scott SCME
 Mr. Noival Smith SMNO
 Mr. Garet Mullings MUGA

Language Arts

Ms. Thea Rutherford RUTH
 Mr. Ernesto Williams WIER
 Mrs. Daphne Flores FLDA
 Mrs. Simone Hutson HUSI
 Mr. Samuel Bethel BESA
 Mr. Eisenhower Williams WIEI

Mrs. Krystal Russell RUKR
 Ms. Juvan Gaitor GAJU

Modern Languages

Mrs. Janet Bodie BOJA
 Ms. Denise Duff DUDE
 Mr. Wilnel Louissaint LOWI
 Mr. Felix Fofie FOFE
 Mr. Robert Higgs HIRO

Humanities

Fr. Earl Hepburn HEEA
 Mr. Corry Adderley ADCO
 Mrs. Corolette Rolle ROCO
 Ms. Yvonne Lee LEYV
 Mr. Theodore Hutson HUTH
 Ms. Annika Linton LIAN
 Mr. Wayne Smith SMWA

Science

Mrs. Cheng Dela Pena DECH
 Ms. Natasha Pinder PINA
 Mr. Nonito Viajar VINO
 Ms. Katharina Ellis ELKA
 Mr. Tito Bourne BOTI
 Ms. Mira Ferguson FEMI
 Ms. Christina Pinder PICH

Guidance & Health

Mrs. Dana McCartney MCDA
 Mr. Robert Higgs HIRO
 Mrs. Beulah Outten OUBE
 Mrs. Nina Forbes FONI
 Mr. Letoy Williams WILE

Mathematics

Ms. Shanier Lejarde LESH
 Mr. Vinuraj Nair NAVI
 Mr. Shawn Sorsby SOSH
 Mr. Sean Sears SESE
 Mrs. Wendy Moss MOWE
 Ms. Eustacia Smith SMEU

Physical Education

Ms. Alexandria Oembler OEAL
 Mr. Geno Jone JOGE
 Ms. Cherishe Holingsworth HOCH
 Mr. Allan Hall HAAL

Pre-K

Mrs. Susan Buzzi BUSU
 Ms. Darlene Bowleg BODA

Kindergarten

Ms. Timica Hanna HATI
 Ms. Daslin Laing LADA

Grade 1

Ms. Roya Williamson WIRO
 Ms. Donna Vanriel VADO
 Ms. Dominique Deveaux DODE

Grade 2

Mrs. Irma Viajar VOIR
 Ms. Suzan Russell RUSU

Grade 3

Mrs. Nodia Hanna HANO
 Mrs. Tempestt Bullard BUTE

Grade 4

Ms. Subrina Pinder PISU
 Ms. Camille Brown BRCA

Grade 5

Ms. Jermin Adams ADJE
 Mrs. Dorene Forbes FODO

Grade 6

Mrs. Andrea Najman NAAN
 Mrs. Lydia Powell POLY

Sen. Mistress / Library

Ms. Alexess Simmons SIAL
 Mrs. Marlene Knowles KNMA

Literacy Coordinator

Mrs. Miriam Carroll CAMI

November Calendar of Events

NOVEMBER

SCIENCE & MATH DEPARTMENT MONTH

- 1st Fee Slips issued for Hilary Term
- 1st All Saints Day Full School Mass
- 3rd FINE ARTS EVENING
- 5th Daylight Savings Time Ends - Fall Back
- 7th PTA Meeting @ 6:00pm
- 10th Walkathon
- 13th Book Fair PD
- 15th Harvest Thanksgiving Mass
(Whole School)
- 19th College Fair 1pm @ BMES Auditorium
- 21st Grade 6 Meeting
- 22nd BJC/BGCSE Fees due
- 23rd Thanksgiving Day
- 24th **END OF MICHAELMAS TERM**
- 27th **START OF HILARY TERM**

BMES Welcomes Its Newest Faculty Member

The staff and students of Bishop Michael Eldon would like to welcome Mrs. Lydia Powell to Warriorland. Mrs. Powell is a graduate of the University of the Bahamas and was highly recommended for the position. She has only been the grade 6B teacher for less than a week, but it seems like she has been here for a while. She is enthusiastic about teaching and her students love her already. Welcome Mrs. Powell and may God continue to guide you as you go through your daily teaching routines.



A good teacher can inspire hope, ignite the imagination, and instill a love of learning.
Brad Henry

Wins a Highly Contested Swim Gala

The score was close throughout the day, but after it was all said and done, Abaco House was declared the winner. Both competitive and noncompetitive swimmers from the three houses gave it their all, but the Abaco swimmers proved that it was their day. Go **ABACO!!!!!!!!!!** This year, the primary and secondary schools combined their swim gala in order for coaches to select a team for the Anglican Schools' Festival. With a combined effort, the other schools have a lot to be concerned about. The Warriors are coming!



BMES' Basketball Programme is Improving

The caliber of basketball played in both the primary and secondary schools is on the rise. Competition has just started for players in the primary school, but both the junior girls and senior boys in the high school have already participated in Grand Bahama's Secondary Schools Tip-Off Classic. The senior boys fought hard and are playing better than ever. The junior girls stunned Tabernacle School in the championship game and are now the Tip-Off Champs. Way to go Warriors, you all make us proud.



BMES Students Dominate Road Races



In the Cancer Road Race, **Travis Joseph** won the event and in the Jack Hayward Road Race, **V'jaughn Ingraham** placed second, **Brahm Najman** placed third, and **Emitt Higgins** placed fourth. We salute them all.

Tip-Off Classic Champs



Staff Participate in Cancer Fun Run/Walk



Grand Bahama Volleyball Champs (Junior Girls)

Minister Visits Grade Six

The Grade Six students were treated with a special visit from the Minister of Grand Bahama, the Honourable Kwasi Thompson. The minister held the attention of the students for the entire time while discussing what government in the Bahamas is like and the laws that guide us. The students were fortunate to learn first hand what they had been studying in Social Studies.



MVP of Tournament

Myah Greene was named the Most Valuable Player of the Tip-Off Classic. Myah is an eleventh grade student who led her team like a true warrior. Congratulations Myah for a job well done.



BMES Participates in Coastal Cleanup

Mrs. Selim and members of her eco-school committee recently took part in a beach cleanup. BMES is the only eco school on Grand Bahama and we are constantly finding ways to make our surroundings cleaner and better. Incentives are given to the grade that has the cleanest block. The committee actually takes a trash count in order to do this. Thank you Eco-School Committee for all your hard work.



Grade 10 Reaches Out

The Humanities Department recently led an initiative called "Self Sacrifice and Service." The entire 10th grade student body



travelled by bus to the ghetto where they distributed care packages to the needy. They distributed food and personal items to persons in the community. The Humanities Department would like to thank the Royal Bahamas Police Force and the Department of Social Services for all their support. Warriors are continuously showing that they care.

Students Hyped About Weekly Workshops

Students are excited to take part in Mr. Viajar's weekly Mousetrap and Robotics Workshops. Mr. Viajar is used to doing exceptionally well in the Mousetrap competition locally and internationally, but for the first time during the summer months, his



team placed second in the Robotics competition held in Alabama, Tuscaloosa. It was the first time ever competing in a Robotics Competition. Let's see what this year holds for the team.

Stiff Competition in Spelling Bee

The Spelling Bee was recently held and it was one of the most exciting ones ever. Several students had the courage to stand up and spell in front of the student population and they did exceptionally well. Congratulations to **Gianna Malabanan** though who won the competition for two years in a row. Gianna will represent Bishop Michael Eldon in the Grand Bahama District



Spelling Bee. She was the fourth place finisher last year in the National Spelling Bee. Congratulations Gianna.

Steel Pan Band in Full Demand

The community at large now is cashing in on the beautiful sounds of BMES' Steel Pan Band. Here the group is performing at Pelican Bay Resort. Mr. Novial Smith, Music teacher and Steel Pan director is doing an awesome job with the group.



October Birthday Celebrants

Dionne StarJones
Kaleeb Sears
Jayda Francis
Kadeem Russell
Ty Dawkins
Sasha Davis
Branelle Wright
Cole Daniels
Lance Daniels
Julez Seymour
Hannah Collie
Shawndre Wilson
Shiloh Cummings
Sanchia Roberts
Rohith Nair
Alani Ferguson
Delika Andrews
Chrishell Pinder
Destiny Wallace
Travis Joseph
Charity Newton
Keiran Rahming
Rayonne Duff
Lashawn Butler
Rashaun Palmer
Denahj Mortimer
Seth Sawyer
Adam K-Tener
Dwight Williams
Kai Albury
Albert Leathen
Myles Albury
Kyla Neely

Myles Albury
Kyla Neely
Lamaj Sweeting
Sean Norville-Smith
Dashae Gray
Cai Pratt
Tatyana Armbrister
Vjaughn Ingraham
Rhys Davies
Nicole D-Barreto
Claudajah Brown
Roshawn Rolle
Yajanae Munnings
Kamiah Adderley
Jasmyn Jones
Najah Russell
Essence Brown
Shateco Cummings
Shauntevia Hepburn
Jasmine Sands
Antonio Adderley
Kayla Quin
Nahveen Russell
Gabriel Malabanan
Madio Smith
Erich Fischbacher
Tyler Hanna
Destiny Huyler
Tiffany Ritchie
Jabez Mackey
Shiloh McDonald
Lavonya McKinney
T'azure Saunders
Travis Forbes
Brendon Watson

Staff

Shawn Sorsby
Pamela Russell
Corry Adderley
Sean Sears
Susan Mcphee
Pauline Smith
Yvonne Lee
Andrea Najman
Joyce Darville
Cherishe Hollingsworth
Wilnel Louissaint
Kathrina Ellis-Gibson



BISHOP MICHAEL ELDON SCHOOL
Formerly Freeport Anglican High/Discovery Primary Schools

Post Office Box F-40667
Freeport, Grand Bahama
Bahamas

Telephone: 373-8334
Telephone: 373-4391
Fax: 373-4437

Harvest Thanksgiving Mass

Date: Wednesday, 1th November

Time: 8:00 am

